

OSHA SAFETY &HEALTH AWARENESS





(1 DAY)

Normal Fee : RM 1300 PER PAX

Early Bird Fee: RM 800 PER PAX

: RM 1050 PER PAX **Group Fee**

(Min 3 PAX)

Overview of OSHA 1994 & OSHA (Amendment) 2022

- Introduction to HIRARC
- Steps in conducting hazard identification
- Personal Protective Equipment (PPE) & Safety

Practices

Emergency Response & Incident Reporting

REGISTER NOW



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TRAINER: Mr. Zubir bin Nordin

17 years of extensive Occupational Safety experience, worked with more than 20 brands



COURSE OVERVIEW

This one-day training is designed to provide employees with essential knowledge and awareness of occupational safety and health (OSH) in the workplace. The session focuses on legal responsibilities, identification of hazards, risk assessment techniques, use of personal protective equipment (PPE), and how to respond effectively to incidents and emergencies. By understanding OSH principles, participants will be better equipped to contribute to a safer and healthier work environment.

LEARNING OUTCOMES

- Understand the importance and objectives of occupational safety and health.
- Recognize key provisions under OSHA 1994 and the OSHA (Amendment) Act 2022.
- Identify common workplace hazards and assess associated risks using HIRARC.
- Apply basic risk control measures to minimize incidents.
- Respond effectively to workplace emergencies and report incidents appropriately.

COURSE CONTENT

- OVERVIEW OF OSHA 1994 & OSHA (AMENDMENT) 2022
- INTRODUCTION TO HIRARC
- STEPS IN CONDUCTING HAZARD IDENTIFICATION
- PERSONAL PROTECTIVE EQUIPMENT (PPE) & SAFETY PRACTICES
- EMERGENCY RESPONSE & INCIDENT REPORTING